


S.O.A.R. to New Heights

Grade 7 to 12

	Assemblies	Classrooms	Hallways/ Entrances/Parking Areas	Gym / Extracurricular Sports	Library	Bus / Student Parking	Lunch Areas/ Common Areas/ Washrooms	Technology (laptops,chromebooks, cell phones, music)
Strength (Self-Awareness)	<ul style="list-style-type: none"> - Be a good role model for those around you - Enter in orderly fashion - Put phones away - Sit quietly - Give the speaker your full attention - Remove headgear as directed 	<ul style="list-style-type: none"> - Model positive behaviour - Enter in orderly fashion - Encourage others - Volunteer when and where you can - Remove headgear as directed 	<ul style="list-style-type: none"> - Model positive behaviour - Lockers closed - Remove headgear as directed 	<ul style="list-style-type: none"> - Include and encourage others - Display a positive attitude - Model appropriate behaviours to those around you - Wait for a supervisor/coach - Remove headgear as directed 	<ul style="list-style-type: none"> - Model positive behaviour - Help others out - Remove headgear as directed 	<ul style="list-style-type: none"> - Consider rights and feelings of others - Encourage others to follow safety rules 	<ul style="list-style-type: none"> - Remove headgear as directed - Clean up after yourself - Sit down and eat - Share microwaves - Clean microwaves - Keep hands and feet to yourself - Use inside voices - Conserve water consumption 	Be a digital citizen
Opportunity (Self Regulation)	<ul style="list-style-type: none"> - Focus on the speaker - Sit without touching others 	<ul style="list-style-type: none"> - Be diligent in your learning - Complete all work on time - Come prepared for class with all required materials - Keep organized and neat - Attend classes regularly - Be respectful to all teachers, EAs, substitutes, and adults in the school - Leave junk food in your locker 	<ul style="list-style-type: none"> - Place footwear on racks - Wipe your feet - Keep boot room neat and organized - Take shoes off if wet - Change to indoor shoes 	<ul style="list-style-type: none"> - Participate consistently - Try your best - Wearing appropriate indoor only footwear - Use supporting language - Monitor how you react to winning and losing - Show good sportsmanship 	<ul style="list-style-type: none"> - Be quiet - Sit in assigned location - Respect property 	<ul style="list-style-type: none"> - Follow safety rules - Be on time - Keep your belongings out of the aisle - Wear appropriate clothing 	<ul style="list-style-type: none"> - Respect personal space and items. 	<ul style="list-style-type: none"> - Use technology for educational purposes - Be respectful of your technology and the school's. (food, snacks)

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(Self-Awareness)	<ul style="list-style-type: none"> - Remove headgear as directed 	<ul style="list-style-type: none"> - Volunteer when and where you can - Remove headgear as directed 	<ul style="list-style-type: none"> - Lockers closed - Remove headgear as directed 	<ul style="list-style-type: none"> - Remove headgear as directed 	<ul style="list-style-type: none"> - Remove headgear as directed 		<ul style="list-style-type: none"> - Remove headgear as directed - Clean up after yourself - Sit down and eat - Share microwaves - Clean microwaves - Keep hands and feet to yourself - Use inside voices - Conserve water consumption 	Be a digital citizen
Opportunity (Self Regulation)	<ul style="list-style-type: none"> - 	<ul style="list-style-type: none"> - Be respectful to all teachers, EAs, substitutes, and adults in the school 	<ul style="list-style-type: none"> - Place footwear on racks - Wipe your feet - Keep boot room neat and organized - Take shoes off if wet - Change to indoor shoes 	<ul style="list-style-type: none"> - Participate consistently - Try your best - Wearing appropriate indoor only footwear - Use supporting language - Monitor how you react to winning and losing - Show good sportsmanship 	<ul style="list-style-type: none"> - Respect property 	<ul style="list-style-type: none"> - Follow safety rules - Be on time - Keep your belongings out of the aisle - Wear appropriate clothing 	<ul style="list-style-type: none"> - Respect personal space and items. 	<ul style="list-style-type: none"> - Use technology for educational purposes - Be respectful of your technology and the school's. - (food, snacks)
	Assemblies	Classroom	Hallways/ Entrances	Gym	Library/ Computer Room	Bus	Lunch Rooms	Technology

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Attitude (Self-management)	<ul style="list-style-type: none"> - Use appropriate language 	<ul style="list-style-type: none"> - Use classroom material with care - hoodies off in class - Use appropriate language 	<ul style="list-style-type: none"> - Be considerate of classroom learning - Be considerate of others - Patiently and quietly wait for doors to be opened - Use appropriate language 	<ul style="list-style-type: none"> - Use appropriate language 	<ul style="list-style-type: none"> - Demonstrate courteous behaviour - Use appropriate language 	<ul style="list-style-type: none"> - Care for the bus - Accept all individuals as unique - Consider the important role of bus driver - Use appropriate language 	<ul style="list-style-type: none"> - Use appropriate language - Eat your own food 	Instructional time, tech off Individual work time as directed by the teacher
Respect	<ul style="list-style-type: none"> - Take initiative 	<ul style="list-style-type: none"> - Let the teacher teach - Be courteous - Raise your hand and be acknowledged before speaking - Include others - Return borrowed items and tidy up - Clean up your own mess - Leave the classroom tidy before you leave 	<ul style="list-style-type: none"> - Walk/wait quietly - Use inside voices - Keep your hands to yourself - Get to your destination quickly - Carry belongings safely and school equipment - Clean up messes - No physical contact - Respect for language 	<ul style="list-style-type: none"> - Let the teacher teach - Help set up and clean up for activities 	<ul style="list-style-type: none"> - Use inside voice - Use appropriate door - Respect others' belongings - Give the librarian your full attention 	<ul style="list-style-type: none"> - Listen to the bus driver and follow directions of bus drivers - Use appropriate language and tones of voice - Use kind words - Keep the bus clean - Use the appropriate door 	<ul style="list-style-type: none"> - Clean up after yourself - Sit down and eat - Share microwaves - Clean microwaves - Keep hands and feet to yourself - Use inside voices - Conserve water 	Use the devices appropriately and with care Be respectful of your technology and the school's.